

JR. PANTHER

W R E S T L I N G



2016-2017 Wrestling Season

Practices begin November 7.

Tue, Thurs, in the VHS Wrestling Room from 6-8pm

We are excited for another season. Our club has continued to grow the last two years and we are looking to have a breakthrough season.

In our club we focus on creating the total athlete through body mechanics, strength, and high level Wrestling technique. Wrestlers will have the opportunity to compete at a high level culminating at the State Championships in March. We are a member of USA Wrestling.

Cost:\$200 for season practices (athletes will not be turned away due to cost. Additional fees for gear and competition.

"I swear it upon Zeus an outstanding runner cannot be the equal of an average Wrestler"

—Socrates

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